

# Good practices in vocational guidance: EL GRAN RECORRIDO

## WHAT?

“El gran recorrido” is an online questionnaire for any person over 16 years old. The main aim is to help the person in her/his process of self-knowledge, to better understand what she/he is like and to make her/him reflect on what she/he wants to do. It is based on the identification of the personality type for which the person has a better affinity and on the exploration of the set of occupations or fields of study that best suit her/his profile.

## IMPACT OF THE PRACTICE?

The website doesn't provide data about the number of people that use the tool.

## ELEMENTS OF GOOD PRACTICE:

- Impact local level ✓
- Impact national level ✓
- Impact EU level
- Transferability ✓
- Quality assurance
- Innovative practice ✓

# EL GR

## WHO?

DEP Institut.

## TARGET GROUP?

Any person over 16 years old.

## WHERE?

Spain

## ORGANISATIONS IMPLEMENTING THE PRACTICE

The questionnaire is based on the POPA base questionnaire (Self-applied Professional Orientation Program), Enric Corominas, Manuel Álvarez and Rafael Bisquerra. The questionnaire was reviewed by the authors in July 2009. The questionnaire has been developed by educaweb.com; a website created by DEP Institut for creating an educational portal for academic and professional orientation.

## METHODS OF IMPLEMENTATION

The activity is an online questionnaire with 6 sections named:

- What do you like?
- What do you like to do?
- What do you know how to do ...?
- What do you value at work?
- What are you like?

Participants who complete the questionnaire can download the answers, print them or register on the web and save the results. It takes between 15 to 25 minutes to complete all questions.

## LESSONS LEARNED

Does not apply.

## RELEVANCE FOR VET VOICES

This questionnaire helps to define the personal and professional typology based on the Holland model, which understands that people tend towards professions that are in harmony with their personality types. A description of the professional environments or groupings of various professions that correspond to the personal-professional typology.

The correspondences between these professional environments best suited to the personal - professional type and the learning areas or subjects, the skills and abilities and the professional values that are related. A comparison between these correspondences and the choice of professional environments and the reflections on self-knowledge and preferences that participants will have made throughout the questionnaire.

This questionnaire can be used as a best practice and example for the VET-voices project.

## FOR MORE INFORMATION:

<https://www.educaweb.com/orientacion/intereses-profesionales/>